



# GRAND ROUNDS

## Breast Health FAQs

This talk will review the most frequently asked questions by providers. Dr. Stamatia Destounis, radiologist and managing partner at Elizabeth Wende Breast Care (EWBC), will review several breast health related topics such as current screening recommendations, breast imaging after cancer diagnosis, evaluation of male patients, managing higher than average risk patients and other diagnostic scenarios. Cases and examples will be reviewed.

### Learning Objectives:

- Understand current breast cancer screening guidelines and recommendations
- Recognize protocols for imaging after breast cancer diagnosis
- Appropriately manage a high risk patient including when to initiate screening
- Understand management recommendations for male patients including the imaging modalities used for diagnostic purposes
- Review common breast concerns such as nipple discharge, breast pain and infection

Date: Thursday, October 19, 2023

Time: 7:30 am—8:30 am

Place: Zoom

(Link will be sent prior to event)



### PRESENTER:

**Stamatia Destounis, M.D., FACR, FSBI, FAIUM**

Stamatia Destounis, MD is a breast radiologist and Managing Partner at Elizabeth Wende Breast Center (EWBC) in Rochester, NY where she has been practicing breast imaging for 30 years. Dr Destounis was given the prestigious designation of Society of Breast Imaging (SBI) Fellow in 2010, followed by American College of Radiology (ACR) Fellow in 2010, and American Institute of Ultrasound in Medicine (AIUM) Fellow in 2017.

Dr. Destounis was appointed Chair of the ACR Breast Commission in 2021, and currently serves as Chair of the ACR Breast MRI Accreditation Committee. She is a member of numerous ACR committees and serves as an ACR image reviewer for breast MRI and breast US accreditation. Dr. Destounis is as a reviewer for several peer-review journals and is the Deputy Editor for Academic Radiology, the Breast Editor for the Journal of Ultrasound in Medicine, and the Assistant Editor for the Breast Section of the American Journal of Roentgenology. She sits on many volunteer boards related to research and education within the field of Radiology. Dr. Destounis has published many peer-review publications on a variety of important breast imaging topics. Dr. Destounis believes in the importance of research and innovation and has been a Principal Investigator or Sub-Investigator on many breast imaging device studies.

**Breast Health FAQs, October 19, 2023**  
Online registration is available at [www.mcms.org](http://www.mcms.org)

Name(s): \_\_\_\_\_  
 Practice Name: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Registration Fees: MCMS and 7th District Member: Free Non-member: \$20**

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- Payment of \$\_\_\_\_\_ is enclosed. (Check payable to "MCMS")  Please e-mail a receipt.  
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